

# John (Jack) R. Wallace

97 Homestead Avenue, Bridgeport, CT 06605 • 203-521-7704 • jack.wallace421@gmail.com

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## **RUGBY PLAYING & COACHING EXPERIENCE**

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### **Fairfield Yankees Rugby Football Club, Fairfield, CT**

- Lock, Prop
- 2016 DIII National Championship

### **Providence College, Providence, RI**

- A-Side Member
- Lock, Number 8, Flanker, Prop, Inside Center
- Participated in both 15s and 7s
- NERFU Rhode Island All-Star, 2006-07
- Member of Providence College's Cianci 7s Team

### **Fairfield College Preparatory School, Fairfield, CT**

- 3 year Varsity letterman
- Lock, Number 8
- Member of 2005 Cherry Blossom Championship Team

## **PROFESSIONAL EXPERIENCE**

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### **Fairfield University, Fairfield, CT**

July 2015 to Present

*Head Coach, Fairfield University Women's Rugby Football Club*

- Serve as Head Coach, certified through USA Rugby, responsible for all player instruction, coach management, game plan creation, budgeting, and on-field feedback.
- Provide a dynamic, challenging, and fun environment for both seasoned players as well as those new to rugby. Assist club officers and university administration by organizing team building and community service opportunities as well as in coordinating player recruitment through various campus events at Fairfield University.
- Maintain professional and supportive relationships with the Friends of Fairfield Rugby booster club. Participated in executive board conference calls to provide recap of games, updates on player development, and discussion on future of women's team.
- Team compiled a 4-1 record in 2016 fall season outscoring opponents 122-39 before advancing to conference semifinals.

### **Fairfield Prep School, Fairfield, CT**

Faculty Member and *Assistant Varsity Rugby Coach*

June 2014 to Present

- Certified USA Rugby coach having participated in coaching seminars and passed assessments on rugby techniques, rules, gameplay, player instruction, and safety techniques. Attended rugby clinics sponsored by Bulldog Rugby, USA Rugby, and Atavus in order to increase coaching experience and learn new innovative offensive and defensive techniques.
- Instruct players on proper techniques to maximize effectiveness on the field while providing consistent and constructive feedback for players
- Assist in the planning and organization of team tours and tournaments including the 2015 Jesuit Classic in Leesburg, Virginia and the inaugural Northeast Jesuit Invitational Tournament in 2016.
- Responsible for the creation and supervision of Fairfield Prep Rugby's off season summer conditioning program. Attending players are taught rugby by playing touch and increase strength and agility through various dynamic workouts.

## **RELATED EXPERIENCE**

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### **Bulldog Rugby Clinics**

- Attended Rugby Clinic sponsored by Bulldog Rugby led by Yale Rugby coaches Greg McWilliams and Ross Callaghan. Clinic was organized to benefit the Fairfield Prep Rugby Program.
- Provided organizational support for Coaches McWilliams and Callaghan as they taught Fairfield Prep players various offensive and defensive techniques.
- Engaged in one on one discussions with Coaches McWilliams and Callaghan to increase my own rugby coaching experience and be a better support for Fairfield Prep.